

High Commission of India Kuala Lumpur

## PRESS RELEASE

## 5<sup>th</sup> International Yoga Day celebrations by the High Commission of India, Kuala Lumpur

High Commission of India, Kuala Lumpur organised the 5<sup>th</sup> International Yoga Day celebrations at the iconic Batu Caves Temple Premises, on Sunday, 23rd June 2019. Over 2,000 yoga enthusiasts participated in the mega event, which included people from all walks of life. YB.Prabhakaran, Member of Parliament, Government of Malaysia was the chief guest on the occasion. The event was presided over by Shri. Mridul Kumar, High Commissioner of India, along with Shri. Nishit Kumar Ujjwal, Counsellor (Community Affairs) and was also attended by officers from High Commission of India and dignitaries from Batu Caves Temple Management, GOPIO, Malaysia, NGOs and members of various community and yoga associations in Malaysia.

The event began with a video message from Prime Minister of India, Shri.Narendra Modi, emphasizing the significance of International Yoga Day. YB.Prabhakaran addressed the gathering on this occasion and the key note was delivered by H.E.Shri.Mridul Kumar highlighting the importance of the celebrations.

Yoga Teacher from India Cultural Centre demonstrated few yoga techniques which was well received by the crowd. Students from Malaysian Yoga Wellness performed Yoga acrobatics and certificates were awarded to the students.

## Yoga for Harmony & Peace

24 June 2019 Kuala Lumpur